



# kids! at The Well 1ST-6TH GRADES

## PARENT-LED SUNDAY SCHOOL LESSON

### LESSON OVERVIEW

Virtue: Harmony--Together is Better

Monthly Theme: Friendship--treating others the way you want to be treated

Today's Saint Story: Saint Marina

Memory Verse: I John 4:11 Since God so loved us we also ought to love one another



### QUICK & EASY LESSON

#### LESSON VIDEO

Tell kids that today is the **Feast of the Apostles** where we celebrate the lives of St. Peter and St. Paul. Check out this **VIDEO** where Ms. Shereen shares a wonderful and fun lesson with us all about another AMAZING saint--Saint Marina.



#### PASS ON THE LOVE

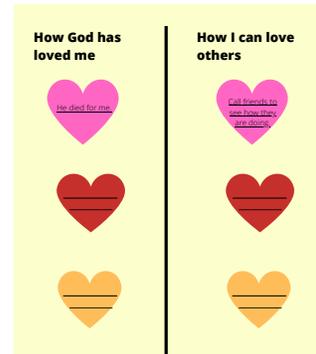
**What You Need:** Construction paper, pens or markers, glue sticks

**What You Do:** Instruct kids to cut out six construction paper hearts each. Then have them glue their hearts to another piece of construction paper in two columns. On the first heart in each row, ask kids to write how God has loved them. In the second heart, ask them to write how they can love others. (see example on the right)

**What You Say:** "We can love others because God first loved us. God shows us His love in many different ways. We need to show that same love to other people because **friends love each other.**"

**Share:** Tell kids an age-appropriate story about a time when you chose to love someone even though they weren't being very nice.

**Challenge:** This week, choose to love people even when they are being unlovable!



### DIG DEEPER

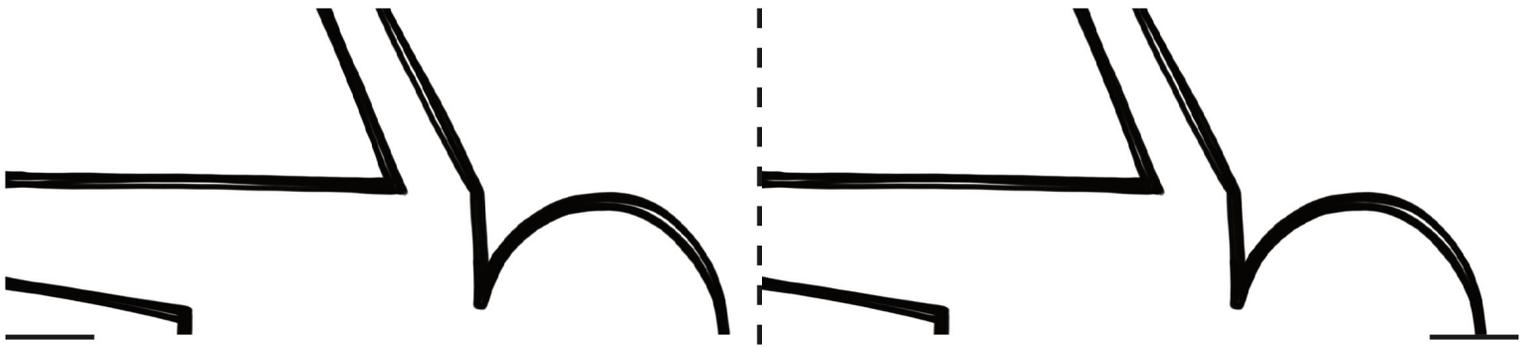
#### A HEAVENLY FRIEND

**What You Need:** "Paper Friends" (Page 2), scissors, crayons

**What You Do:**

- Say, "When you get upset with friends, how do you usually react? It's tough to be loving in those times isn't it?"
- Recap the story of St. Marina from the video.
- Say, "St. Marina was known for her compassion of others, and she is a great person to ask for intercession when you're having a hard time showing love to someone else who has made you frustrated. Do you know what I mean by intercession?" (If they don't understand, explain that intercession is asking the saints to pray for us, just like we ask our friends and family to pray for us. The saints are our heavenly friends and family so we can ask them to pray for us just like our earthly friends and family.)
- Say, "Learning from the Bible and from the stories of our Orthodox saints is an important skill to have, so what did you learn from the life of St. Marina?"
- Say, "Now let's bring this lesson to life with an activity."

- Give each kid a Paper Friends Activity Page (page 2). Explain that they will be making paper friends.
- Show them how to fold the paper accordion style on the dashed lines. Make sure the half-person is on the top.
- Then instruct kids to cut ONLY on the solid lines. When they unfold their papers, they should have three connected friends.
- Instruct kids to write their name on the middle person, and then write the name of St. Marina on one of the friends and another friend of their choice on the last person.
- After they do this, ask them to think of ways they can show compassion to their friend the way St. Marina taught us in the story.
- Encourage kids to share their ideas with the family.
- Tell kids one way you will show love to one of your friends this week.
- Say, "I have found that the more I show love to my friends, the easier it gets. At first, you might need to think about how to show that love, but eventually it will just happen without having to think about it! **Friends love each other**, so let's all decide to show our friends that we love them this week through our words and our actions."



**What to Do:**

Copy and cut along the dashed line. You will need one paper doll for each kid.

**Paper Friends**

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